



March, 2019

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## Part I Board Qualification Examination Preparation

The Part I Board Qualification examinations take place March 12, 2019. This month's Resident newsletter focuses on ABFAS' preparation materials that can prepare candidates to achieve Board Qualification.

The Part I Qualification Exams contain two parts, the didactic, which consists of multiple-choice questions, and a Computer-based Patient Simulation (or CBPS) exam.

Those Residents who are taking their Part I Qualification exams should reference the [ABFAS Board Qualification Document](#). This resource provides information on topics such as:

- What does it mean to be Board Qualified?
- Board qualification requirements
- Registering for an exam
- Testing sites
- Scoring
- Fees
- Didactic exam structure and subject areas
- CBPS exam structure and subject areas

ABFAS also provides additional materials for candidates to use to prepare for their Part I examinations. These materials and practice exams are broken up by exam type.

## How to Prepare for the Part I Didactic Exams

### ABFAS Online Study Guide and Practice Exams

The [ABFAS Didactic Online Study Guide](#) offers articles and separate Foot and RRA multiple-choice didactic practice exams. We recommend that all residents read through the study guide and take the Foot Didactic practice exam as they prepare for their Part I exams. Residents in RRA programs should also take the RRA Didactic practice exam.

The didactic practice exams reflect the format of the Part I exams as well as the major subject areas that appear on the exam. These practice exams are designed to help residents gain an understanding of the format and type of topics to be expected on the Part I Exams. However, the practice exams are not designed to be predictive of performance on the actual exams.

You can access the [ABFAS Online Study Guide](#) and practice exams through the ABFAS website.

## How to Prepare for the Part I CBPS Exams

### Take the Online CBPS Practice Exam

The [CBPS practice exam](#) is designed to help you become more familiar with the functions and navigation of the exam. However, waiting until test day to learn how the exam functions could result in lost time and frustration.

It is very important to become familiar with the following functions before test day:

- Searching the list of selections.
- Making selections.
- Navigating from tab to tab.
- Viewing and zooming images.

Access to the [CBPS practice exam](#) is unlimited and the more times you practice, the more familiar you will become with the user interface and how the CBPS system responds to entries. This will save you time on each case and will allow you to focus on the content of the case and not how the exam works.

### Watch the CBPS Exam Video

ABFAS has developed a video with tips on navigating the CBPS exam, answers to common questions, and how to approach the exam. Be sure to watch this video, "[Navigating the CBPS Exam](#)."



## PRR Logging FAQs

Each month ABFAS will share PRR logging frequently asked questions and the correct answers to them.

### Question:

A resident is trying to log a digital surgery – amputation on the 6th digit. Per CLAD rule #53, a digit needs to be selected for digital surgical procedures. Unfortunately, we only have 1-5 in the digit dropdown list. How should the resident log this?

### Answer:

Log at 5th toe.

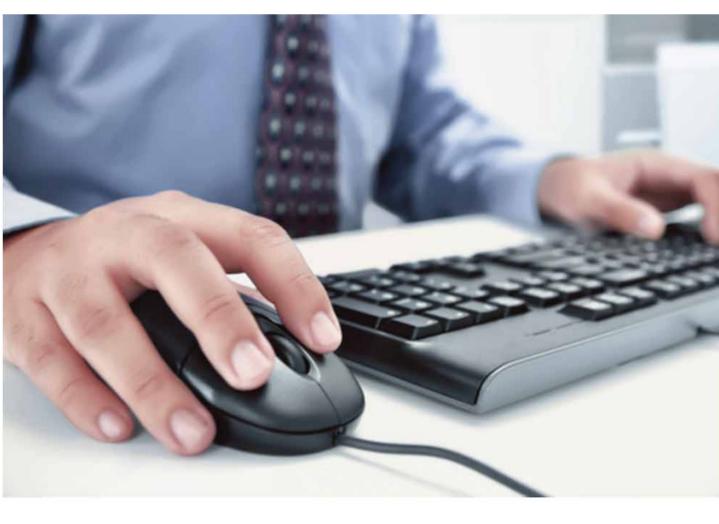
### Question:

Per the logging guidelines, am I allowed to log an Akin (phalangeal osteotomy) with a Metatarsal osteotomy (ie: Chevron/Austin) on the same foot? How about if the Akin osteotomy is done along with a Lapidus (first TMT arthrodesis)? Can you clarify this for me?

### Answer:

A metatarsal osteotomy (head or base osteotomy) can be logged as one procedure and separate to the Akin osteotomy. The same goes if a lapidus was performed. The lapidus can be logged separate to the Akin osteotomy.

However, one can NOT log an Akin osteotomy as a separate procedure to a cheilectomy/ostectomy (shaving the first metatarsal head).



## ABFAS Board Certification Examinations Schedule

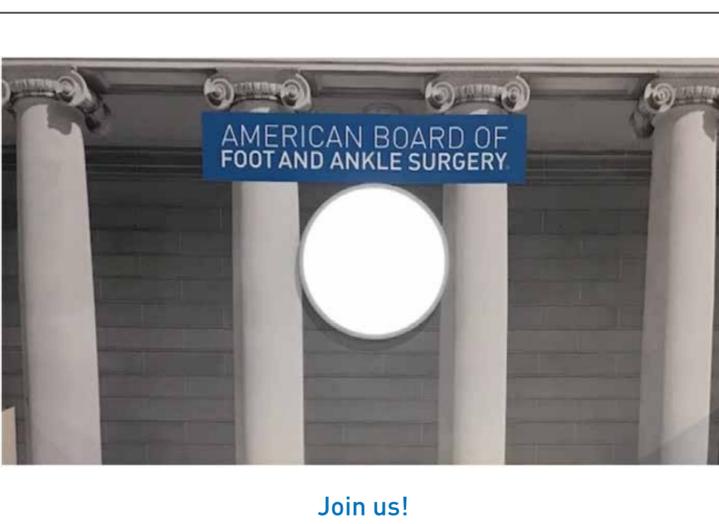
### Fall Exams

- Part I Foot Surgery Didactic
- Part I Foot Surgery CBPS
- Part I RRA Surgery Didactic
- Part I RRA Surgery CBPS

Part I Examinations Important Dates:

**August 15, 2019** – Registration Opens  
**October 4, 2019** – Registration Closes  
**October 11, 2019** – Last Day to Withdraw w/o Penalty  
**October 18, 2019** – Exam Date

For more information on exams, including dates and fees, [click here](#).



## Join us!

ABFAS will be attending more conferences in 2019 than ever before. If you are attending, we welcome you to stop by our booth. Join us at the following conferences:

### Midwest Podiatry Conference

April 11-13, 2019  
Hyatt Regency Chicago  
Chicago, Illinois

### The Western Foot and Ankle Conference

June 20-23, 2019  
Disneyland Hotel and Convention Center  
Anaheim, California

### American Podiatric Medical Association – The National

July 11-14, 2019  
Salt Palace Convention Center  
Salt Lake City, Utah

### 7th Annual ASPS Surgical Conference

August 2-3, 2019  
Swissotel  
Chicago, Illinois



The Resident team at West Houston Medical Center submitted by Zubeen Mistry, DPM, PGY-3

## #footfirst

ABFAS and its DPMs are #footfirst! ABFAS is looking for photos of residents studying, performing cases, interacting with feet, performing on feet, or even just hanging out with other residents. Send your best photos to [footfirst@abfas.org](mailto:footfirst@abfas.org) so we can share them on social media, in our magazines, and online. We will select a monthly winner with the best photo who will receive a great ABFAS prize and recognition on our Facebook page. Don't forget to share your photos using #footfirstABFAS

## Safe Sender

ABFAS would like all communication to find it to your inbox. Please add [info@abfas.org](mailto:info@abfas.org), [updates@abfas.org](mailto:updates@abfas.org), and [scheduling@abfas.org](mailto:scheduling@abfas.org) to your safe sender list to assure that all of our emails arrive in your "new emails" inbox and not in "spam."

Since 1975, ABFAS' mission is to protect and improve the health and welfare of the public by the advancement of the art and science of foot and ankle surgery.

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