The American Board of Foot and Ankle Surgery (ABFAS) is proud to announce the results of the 2019 Board of Directors election. Three director positions were open for the 2019 elections.

Joining the board for her first term is Dr. Michelle Butterworth from South Carolina. Two returning incumbents, Dr. William R. Adams (Kentucky) and Dr. Amberly Paradoa (Florida) will rejoin the board.

All three surgeons have held positions on numerous ABFAS committees. Dr. Adams currently holds the title of Secretary/Treasurer of the board and sits on the CBPS Foot Committee. Dr. Butterworth is a member of the Exam Blueprint Task Force and Cognitive Examinations Committee, and Dr. Paradoa sits on the Cognitive Examinations Committee, the CBPS Review Committee, and the Standard Setting Committee.

All three of these terms become effective September 1, 2019 and end on August 31, 2022. We look forward to their future service to ABFAS.

**In-training Examination Prep**

The ABFAS In-training Examination (ITE) takes place in just a few months. As a reminder, ABFAS provides many resources for residents to prepare for this September exam. All of these resources can be found on: ABFAS.org

1. **In-training Examination Guide**
   - Originally developed for Residency Directors, this guide explains the ITE structure, exam preparation, scoring, results, and what to expect on exam day.

2. **Online Study Guide**
   - This resource will help you prepare for the didactic section of the ITE. It will walk you through all areas of the didactic exam – scoring, results, and adaptive testing. Included in the Study Guide is Foot Didactic and RRA Didactic practice exams.

3. **CBPS Practice Exam**
   - This guide will help you prepare for the CBPS practice exam. It includes a study guide and a video with tips on how to prepare for a CBPS exam. This video also addresses common questions and how to approach the exam.

Residents should study this guide before taking the CBPS practice exam.

**Important ITE Dates**

- **August 1, 2019 – Registration Opens**
- **August 30, 2019 – Registration Closes**
- **September 16 – 21, 2019 – Exam Period**

For more information on exams, including dates and fees, click here.

Residents and Residency Directors #footfirst

ABFAS would like photos from all the residency programs across the country! We are looking for photos of residents studying, performing cases, interacting with feet, performing on feet, or even just hanging out with other residents.

Send your best photos to footfirst@abfas.org so we can share them on social media, in our magazines, and online. We will select a monthly winner with the best photo who will receive a great ABFAS prize and recognition on our Facebook page. Don’t forget to share your photos using #footfirstABFAS.

Photo of the residency team at Katherine Shaw Bethea Hospital in Dixon, Illinois, submitted by residency director Brandon R. Gumbiner, DPM.

Join us!

ABFAS will be attending these conferences in 2019. If you are attending, we welcome you to stop by our booth and receive a free gift!

- **American Podiatric Medical Association – The National**
  - **July 11-13, 2019**
  - **Salt Palace Convention Center**
  - **Salt Lake City, Utah**

- **7th Annual ASPS Surgical Conference**
  - **August 2-3, 2019**
  - **Swissotel**
  - **Chicago, Illinois**

In-training Examination Prep

- **Fall Exams**
  - **Part I Foot Surgery Didactic**
  - **Part I Foot Surgery CBPS**
  - **Part I RRA Surgery Didactic**
  - **Part I RRA Surgery CBPS**

- **Important Dates**
  - **August 15, 2019 – Registration Opens**
  - **October 4, 2019 – Registration Closes**
  - **October 11, 2019 – Last Day to Withdraw w/o Penalty**
  - **October 18, 2019 – Exam Date**

For more information on exams, including dates and fees, click here.

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