



Quick Guide to the ABFAS In-Training Exams (ITEs)

Why Should I Take the ABFAS In-Training Exams?

The ABFAS In-Training Exams (ITEs) are designed to help you measure your knowledge and progress during residency, identify knowledge gaps, and gain experience with the Didactic and CBPS formats to prepare for the ABFAS Board Qualification exams.

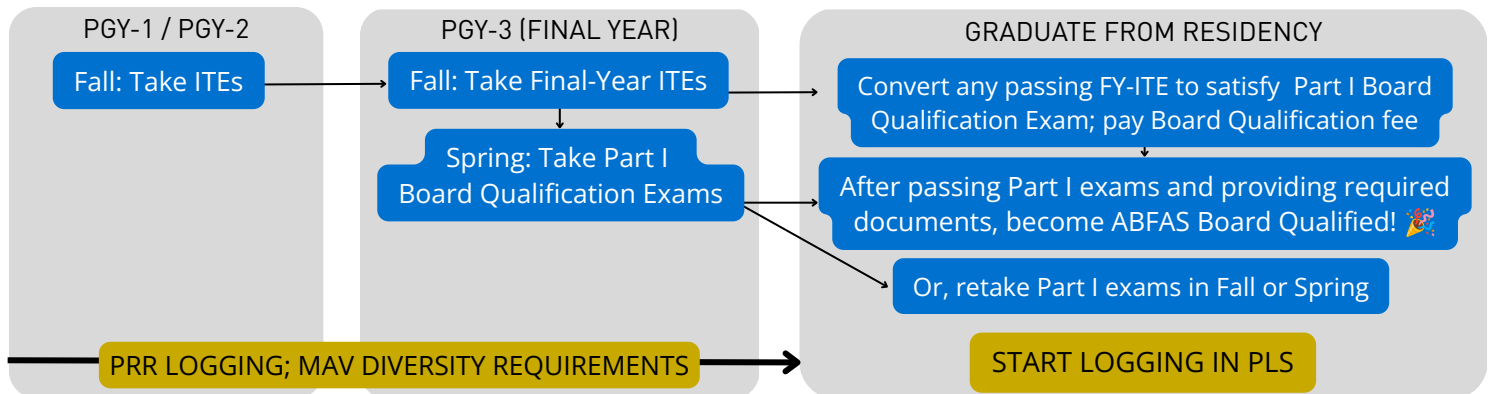


[VALUE OF
ABFAS
CERTIFICATION](#)

What Are the Four ABFAS In-Training Exams?

Foot Surgery		RRA Surgery	
Didactic	CBPS	Didactic	CBPS
• 80 multiple-choice questions • 120 minutes	• 8 simulated cases; 12 cases in final year • 15 minutes per case	• 80 multiple-choice questions • 120 minutes	• 8 simulated cases; 12 cases in final year • 15 minutes per case

What Is the Timeline for the ABFAS ITEs?



What Are Some Tips for ITE Success?

- Your residency director will register you in PRR. ABFAS will email you instructions to schedule your exams.
- Schedule your exams early with Pearson VUE, as testing centers may fill quickly.
- Plan ahead for rotation coverage for your exam day with your director or chief resident.
- Review ABFAS exam preparation resources and become familiar with each exam's format and content areas.
- Take the ITEs seriously to make the most of them!

What Happens After the ITEs?

- Score reports are available approx. 6–8 weeks after exams.
 - Non-final year residents receive results via PRR; it includes your score and the mean score for all PGY 1 & 2 residents.
 - Final-year residents who do not pass an ITE can download a detailed score report from their ABFAS profile.
- Make the most of your results:
 - Your results help guide your learning by identifying your strengths and areas that require more focus.
 - Work with your director, faculty, or peers to develop a study plan for future exams.
- Contact ABFAS if you have questions or need guidance.

Quick Links & Resources



[Didactic Prep](#)



[CBPS Prep](#)



[ITE Exam Dates](#)



[ITE Scoring](#)



[ITE Guide](#)



COMPUTER-BASED PATIENT SIMULATION (CBPS) EXAMINATION

What is it?	A simulated case that describes a patient's condition and may include medical history, images and other pertinent information
What do I do?	Select case-relevant physical exam tasks, imaging, lab tests and/or diagnostic procedures to arrive at a diagnosis and treatment plan
How is it scored?	Earn score points for each aspect of case management—not just diagnosis and treatment

EARNING SCORE POINTS

Earn points by making selections specifically relevant to the management of the case.	Multiple selections that elicit the same information will not result in penalty or additional credit.	No penalties for irrelevant, but harmless, selections. Penalties for selections that are harmful or unsafe for the patient.
Example: An infection case may not need to ask for biomechanical info (RCSP, Lachman)	Example: Range of motion ankle joint, dorsiflexion ankle, Silverskiold test	Example: Fusing a joint before the growth plates are closed

COMMON PITFALLS

Jumping to a Diagnosis and Treatment	Physical exam, labs, imaging, and diagnostic procedures are just as important as diagnosis and treatment in earning score points.
Providing a Surgical Treatment	- Focus on the management of the case, not just surgical treatment. - The purpose is to develop a diagnosis and a treatment plan based on the clinical indications of the case itself.
The Shotgun Approach	- Avoid making additional or unnecessary selections out of uncertainty or in an attempt to maximize score points. - This may result in a selection that can harm a patient, resulting in losing points.

CBPS TIPS AND PEARLS

Use the CBPS Practice Exam to get comfortable navigating the CBPS interface well before your exam day.

- Familiarize yourself with the dropdown options and how to make selections efficiently to save time.
- Some tabs can be accessed in any order (i.e., Physical Exam, Labs, Imaging, Diagnostic Procedures).
 - **Tip:** If you are unsure of where the direction of a case is headed, go to Imaging first.
- Pay attention to pop-up alerts before changing tabs, as previous responses may be locked.
- After taking the practice exam, review the scoring key to check your selections and understand score points.

CBPS RESOURCES	 CBPS Prep Page	 CBPS Practice Exam	 CBPS Exam Content
DIDACTIC RESOURCES	 Didactic Prep Page	 Didactic Practice Questions	 Didactic Exam Content